



COLYTE/NULYTELY PREP FOR COLONOSCOPY

PLEASE NOTE: The instructions below are for your safety. Please read them thoroughly. You will receive anesthesia for this procedure. If your stomach is not empty when you receive anesthesia it may put you in unnecessary danger. Please also note that you **MUST** have a ride home who is **present with you** in the office at the time of your procedure and your discharge or your procedure will have to be rescheduled. You may **NOT** take a cab service home because you will be under the influence of anesthesia. Your ride home should anticipate being on the premises for approximately 2 hours.

DAY BEFORE PROCEDURE:

1. At 9 a.m. take 3 Dulcolax tablets (buy @ pharmacy without prescription)
2. Mix Colyte/Nulytely with Flavor Pack (flavor of choice) Refrigerate or leave at room temperature. (This is being sent to the pharmacy for you) **DO NOT POUR OVER ICE.**
3. **NO SOLID FOODS ALL DAY. CLEAR LIQUID DIET (SEE DIET ON REVERSE) Nothing red, orange, or purple! No Milk or Milk Products!**
4. At 3 PM start drinking the Colyte/Nulytely. Drink slowly and complete entire contents by 11:30PM. While drinking solution, do not have any other liquids, but you may have clear liquids until midnight, but **NOTHING AFTER MIDNIGHT.**

DAY OF THE PROCEDURE:

1. **NOTHING AFTER MIDNIGHT THE NIGHT BEFORE: NOTHING TO EAT OR DRINK NOT EVEN WATER. NO GUM OR CANDY.** (You may brush your teeth)

*****If this procedure is scheduled for 12 noon or later you may have a clear liquid breakfast **before** 8AM and then nothing by mouth, **NOT EVEN WATER, NO GUM, NO CANDY** until after the procedure.*****

2. **SPECIAL INSTRUCTION FOR MEDICATIONS:**

Heart/blood pressure meds or anti-seizure meds	take with a small sip of water 2 hours prior to procedure
Insulin	½ evening dose the night before // NONE on morning of test
Oral diabetic medications	NONE on day of procedure and NONE on the night prior
Blood thinners	stop 5 days before procedure
Fish oil, omega 3 or omega 6, Multivitamin, Iron	stop 5 days before procedure
ASPIRIN /AND like products Advil, Motrin, Naprosyn, Goodies, BC, Ibuprofen, etc...	stop 5 days before procedure

3. **Complete one plain Fleets enema (purchase @ pharmacy without prescription) be finished 1-1 ½ hours prior to procedure.**

Report To: 2675 N. Decatur Rd, Suite 506 or **Dekalb Medical Center** (Go through ER to DTC)

1. **Bring a list of your medications including dosages.**
2. **If you are diabetic please check your blood sugar prior to coming to the office for your procedure**
3. **If you have any further questions or need to reschedule, please call 404-299-1679**
As a courtesy we will file your insurance for your Physician Services and Dekalb Endoscopy Center charges. Your insurance carrier will process these according to your plan descriptions. Anesthesia Service and Pathology Services bill for their services separately.