



**PREP FOR ESOPHAGOGASTRODUODENOSCOPY ( EGD )**

**PLEASE NOTE: The instructions below are for your safety.** Please read them thoroughly. You will receive anesthesia for this procedure. If your stomach is not empty when you receive anesthesia it may put you in unnecessary danger. Please also note that you **MUST** have a ride home who is present with you at the time of your procedure. You may **NOT** take a cab service home because you will be under the influence of anesthesia. Your ride home **MUST be present** inside the office suite at the time of your discharge. Your ride home should anticipate being on the premises for approximately 2 hours.

***NIGHT BEFORE PROCEDURE:***

**NOTHING** to eat or drink after midnight.

***DAY OF PROCEDURE:***

***NOTHING to eat or drink, NO WATER, NO GUM, NO CANDY after midnight the night before.*** You may brush your teeth. You may take Heart/Blood Pressure medications or anti-seizure medications with just a SIP of water 3 HOURS PRIOR TO YOUR PROCEDURE TIME.

\*\*\*\***IF** this procedure is scheduled for 12 noon or later, you may have a **clear liquid** breakfast **BEFORE** 8:00a.m. **NOTHING TO EAT OR DRINK, NOT EVEN WATER,** until after the procedure. \*\*\*\*

**!!NO GUM OR CANDY THE MORNING OF YOUR PROCEDURE!!**

**SPECIAL INSTRUCTIONS FOR MEDICATIONS:**

Heart/blood pressure meds or anti-seizure meds	take with a small sip of water
<b>Insulin</b>	½ evening dose the night before // <b>NONE</b> on morning of test
<b>Oral diabetic medications</b>	<b>NONE on day of procedure</b>
<b>Blood thinners</b>	<b>stop 5 days before procedure</b>
Fish oil,omega 3 or omega 6, Multivitamin, Iron	stop 5 days before procedure
ASPIRIN /AND like products Advil,Motrin,Naprosyn, Goodies, BC, Ibuprofen, etc...	stop 5 days before procedure

**Report To:** 2675 N. Decatur Rd, Suite 506                      or                      **Dekalb Medical Center** (Go through ER)

**Pre-op Arrival time:** \_\_\_\_\_ **Procedure time:** \_\_\_\_\_ **Day:** \_\_\_\_\_ **Date:** \_\_\_\_\_

- NO RIDE- NO PROCEDURE. SOMEONE MUST STAY ON THE PREMISES, ARRIVE WITH YOU, AND DRIVE YOU HOME. YOU MAY NOT GO HOME BY CAB.** These policies are in place for your safety. If you need to use a medical transport service, please let us know in advance. We frequently have patients that use a service that will cost you approximately \$30.00 one way.
- BRING A CURRENT LIST OF YOUR MEDICATIONS** ( prescriptions and over the counter)
- IF you are diabetic please check your blood sugar prior to coming to the office for your procedure.**
- If you have any further questions or need to reschedule, please call **404-299-1679**.

**As a courtesy we will file your insurance for your Physician’s Services and Dekalb Endoscopy Center charges. Your insurance carrier will process these according to your plan descriptions.**

**Anesthesia Service and Pathology Services bill separately.**